SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology

UC San Diego
WEBINAR FEATURES

• **Live Transcript:** Click this option to turn on the live transcription feature.

• **Q&A:** You can post questions here.

• **Raise Hand:** Please post all questions in the Q&A.

• **Chat:** This feature has been disabled for today's webinar. We will be using the Q&A function instead.
Greetings from San Diego!
Program Goal

Our goal is to provide outstanding education and training to scientifically oriented research professionals, who will subsequently make significant contributions to the field of clinical psychology in their areas of specialization.

https://clinpsyc.sdsu.edu/
What is a Joint Doctoral Program?
A little history . . .

• Founded in 1985
• SDSU Psychology (academic psychology) + UC San Diego Psychiatry (medical school)
• First accredited by APA in 1990
• Continuously accredited through 2023
• We’re truly a joint program: Students are enrolled at and benefit from both universities

https://clinpsyc.sdsu.edu/about-us/welcome/
Capitalizing on Resources of a Joint Program

UCSD Psychiatry Education and Training Programs

350 Trainees

31 Formal Training Programs

- Psychiatry
- Psychology
- Joint Doctoral Program
- VA/UCSD Internship
- Postdoctoral Residency
- Interdisciplinary research fellowships
- Allied Professional

➡️ Unique opportunity for interdisciplinary doctoral training

https://clinpsyc.sdsu.edu/about-us/locations/ucsd/
Capitalizing on Resources of a Joint Program

**SDSU Department of Psychology**

- SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology
  - MS/MA Programs
    - Physical/Mental Health; Quantitative Methods; I/O; Behavioral & Cognitive Neuroscience, Cognitive, Developmental, Social Sciences

**RESEARCH CENTERS**
- SDSU Imaging Center
- South Bay Latino Research Center
- Center for Autism & Developmental Disorders
- Institute for Behavioral & Community Health
- Center for Clinical & Cognitive Neuroscience
- Center for Research on Sexuality & Sexual Health
- Center for Behavioral Teratology
- Center for Research on Math & Science Education
- Child & Adolescent Services Research Center (UC San Diego/Rady Children's Hospital/USD/USC/UCLA/UC Davis)

**T32 Training Programs**
- NIAAA - Alcohol Research in the Scientist/Practitioner Model
- NIH - Advanced Data Analytics for Behavioral & Social Sciences

**Graduate School of Public Health**

**HealthLINK (NIMHHD)**

**LGBTQ+ Studies**

[https://clinpsyc.sdsu.edu/about-us/locations/sdsu/](https://clinpsyc.sdsu.edu/about-us/locations/sdsu/)
Key Elements of the Program

- Mentored research experience
  - second-year project
  - dissertation
- Guidance committee
- Coursework
- Proseminars
- Practicum training (starting 2\textsuperscript{nd} year)
- Comprehensive exams
- APA-accredited clinical internship
- Quantitative emphasis (optional)
- Child & Adolescent Psychopathology emphasis (optional)
- MPH (optional)
- Opportunities to teach or supervise

Mentored Research Experience

- **Training provided by:**
  - Identified faculty mentor(s)
  - Local collaborators (academic, community)
  - Research centers
  - National and international collaborators
  - Lots of interest in/attention to diversity/culture

- **Program requirements:**
  - Second-year project
  - Dissertation (traditional, 3-paper)

- **Program goals/expectations:**
  - Lots of publications, presentations, and grants!

https://clinpsyc.sdsu.edu/student-handbook/research/research-experience/
https://clinpsyc.sdsu.edu/student-handbook/program-requirements/second-year-project/
https://clinpsyc.sdsu.edu/student-handbook/program-requirements/dissertation/
Guidance Committee

- Made up of 3 faculty members
  - At least 1 representative of each university
  - At least 1 of whom is clinically trained

- Committee meets annually and as needed
- Oversees second-year project

https://clinpsyc.sdsu.edu/student-handbook/program-requirements/guidance-committee/
Coursework

- Research Methods & Statistical Analysis
- Assessment
- Psychopathology & Interventions
- History & Ethics
- Cultural/Diversity
- Cognitive/Affective & Social/Developmental
- Physiological or Mind, Brain, & Behavior I
- Mind, Brain, & Behavior II (Psychiatry)
- Proseminars . . .

https://clinpsyc.sdsu.edu/student-handbook/academics/classes-sample-curriculum/
Proseminars

- Behavioral Medicine (2 semesters)
  - Assessment & Intervention
  - Systematic Review; Grant Proposal

- Experimental Psychopathology (2 semesters)
  - Research Methods (Grant Proposal)
  - Developmental Psychopathology (Systematic Review)

- Neuropsychology (3 quarters)
  - Assessment of Neuropsychological Domains
  - Assessment of Neuropsychological Functioning in Specific Disorders
  - Clinical Interpretation of Neuropsychological Assessment Results

https://clinpsyc.sdsu.edu/about-us/major-areas-of-study/
Clinical Training – SDSU Psychology Clinic

Training facility for JDP students working under the supervision of licensed SDSU and UC San Diego faculty.

- Colby Chlebowski (Director)
- Nader Amir
- Elva Arredondo
- Matt Herbert*
- Mark Jacobson*
- Leslie Morland*
- Miguel Villodas
- May Yeh

Supervision consists of live observation or digital recording of sessions.

- All 2nd year JDP students complete year-long practicum; advanced students provide peer supervision.

Community serving clinic with sliding scale

Specializes in the delivery of evidence-based services for wide range of presenting problems

Services

- Individual & group therapy
- Child & family therapy
- Evaluation & testing for adults and children

https://psychologyclinic.sdsu.edu/)
Advanced Practicum Training Sites

SDSU
• SDSU Psychology Clinic - Peer supervision
• SDSU Psychology Clinic – Child Assessment
• Center for Understanding and Treating Anxiety
• Center for Autism and Related Disorders

UC San Diego Health System
• Behavioral Sleep Medicine Clinic
• CARE Early Psychosis Treatment
• Delis Neuropsychological Clinic
• Eating Disorders Program for Treatment and Research
• Hillcrest Cognitive Medicine Group
• Hillcrest Regional Burn Center
• La Jolla Neuropsychological Services

Rady Children's Hospital
• Autism Discovery Institute
• Outpatient Psychiatry Clinic

VA San Diego Healthcare System
• Alcohol and Drug Treatment Program (ADTP)
• Center Of Recovery Education (CORE)
• Cognitive Rehabilitation Clinic
• Community Living Center
• Family Mental Health Program
• General Mental Health (BHIP) - Mission Valley
• Inpatient Psychology Services
• Mission Valley VA Outpatient Clinic, Primary Care
• Mood Disorders Program
• Neuropsychological Assessment Unit
• Oceanside Community Based Outpatient Clinic
• Outpatient Gero Clinic
• Polytrauma and Inpatient Psychology Services
• PTSD Clinical Team
• SARRTP PTSD Track
• Substance Abuse/Mental Illness (SAMI) Clinic
• VISN 22 Telemental Health Center
• Weight Control Clinic/Diabetes/Chronic Pain

https://clinpsyc.sdsu.edu/practicum/
Comprehensive Exams

- **Major Area of Emphasis**
  - Behavioral Medicine
  - Experimental Psychopathology
  - Neuropsychology

- **Clinical Comprehensive Examination**
  - Standardized Patient format
  - Integrated Report

https://clinpsyc.sdsu.edu/student-handbook/program-requirements/comprehensive-exams/
APA-accredited Clinical Internship
(99% match rate over past 10 years)

- Rush University Medical Center
- University of Chicago Medicine
- Harvard Med School/Mass General
- Harvard Med School/McLean
- UCLA Semel Institute
- UC San Francisco
- U Kansas Medical Center
- Ohio State Cancer Center
- Emory University/Grady Health System
- Allegheny General Hospital
- U Colorado School of Medicine
- Children’s Hospital/Stanford
- Texas Child Study Center
- Edmonton Consortium (U Alberta/Alberta Hospital)
- Charleston Consortium (MUSC & Johnson VA)
- Southwest Consortium (UNM, VA New Mexico, Indian HS)
- UC San Diego/VA San Diego
- U Alabama/VA Birmingham
- VA San Francisco
- VA Long Beach
- VA Palo Alto
- VA Durham
- VA Puget Sound
- VA South Texas
- VA Central Texas
- VA West LA
- VA Boston
- VA Salem
- VA Maryland/U MD School of Medicine
Quantitative Emphasis

- **Optional**

- **Required Coursework**
  - Research Methods (2 courses - ANOVA, regression models)
  - Multivariate

- **PLUS two additional courses**
  - Multi-level modeling
  - Another doctoral-level course

https://clinpsyc.sdsu.edu/emphasis-in-quantitative-methods/
Child & Adolescent Psychopathology Emphasis

- Formal recognition of experience child/adolescent-focused students receive and expertise they develop

- 3 areas:
  - Research expertise
    - pubs, 2\textsuperscript{nd} year project, dissertation, comp exam, grant
  - Clinical expertise
    - 2 practica
  - Specialized coursework
    - Developmental Psychopathology
    - Child Development and Neuropsychology

MPH

- Granted through SDSU’s Graduate School of Public Health
- Two options
  - Epidemiology
  - Health Promotion & Behavioral Science
- Additional requirements
  - Coursework
  - Empirical thesis

Funded through a 5-year grant from the Health Resources and Services Administration (HRSA) and one of 60 LEND Programs Across the U.S.

Interdisciplinary, year-long training program for graduate and postgraduate trainees, practicing professionals, family members, and self-advocates to develop as leaders in autism spectrum disorder or other developmental disorders (ASD/DD).

Focused on applying implementation science approaches to promote equity in access to evidence-based services for individuals with ASD/DD.

Administered through the UC San Diego ACTRI Dissemination and Implementation Science Center and the Child and Adolescent Services Research Center in collaboration with San Diego State University and Rady Children’s Hospital-San Diego.

https://medschool.ucsd.edu/research/actri/education/Pages/San-Diego-LEND.aspx
Opportunities to Teach or Supervise

- TA for doctoral classes
  - Assessment
  - Interventions
  - Quantitative Methods
  - Multivariate
- Instructor of record for undergraduate classes at SDSU and UC San Diego
- Clinic Coordinator
- Co-supervise in clinical practica

https://clinpsyc.sdsu.edu/student-handbook/teaching-experience/teaching-experience-procedures/
Diversity

University Designations
- SDSU:
  - Federally designated Hispanic Serving Institution (HSI) / Asian American Native American Pacific Islander-Serving Institution (AANAPI)
- UC San Diego:
  - Emerging Hispanic Serving Institution (HSI)

Committees
- JDP JEDI Committee
- UCSD Psychiatry EDI Action Council
- SDSU Psychology Diversity Committee

Research
- NIH-funded HealthLINK Transdisciplinary Health Disparities Research at SDSU (led by JDP faculty)
- South Bay Latino Research Center (led by JDP faculty)
- FUERTE hires in Latinx research
- Incredible diversity represented in faculty interests
  - [https://clinpsyc.sdsu.edu/clinical-and-research-training/](https://clinpsyc.sdsu.edu/clinical-and-research-training/)

Practicum
- Diverse clientele/opportunities for training

JDP Diversity Awards (totaling $30,000)
Financial Support

Basic Package

Tuition & Fees
- Health Insurance
- Stipend
  - NIH pre-doctoral rate is program minimum $26,352
  - Opportunity for $30,000 initiative
  - Opportunities to supplement

Sources of support
- Research staff on mentor grants
- NIH T32 training programs
- University Fellowships
- NIH/NSF/Foundation Fellowships and Supplements
- Teaching assistantships

Supplemental Support
- Travel grants from both universities
- University and other fees (e.g., Dissertation proposal, graduation, internship application)
- $100 celebration awards (1st authored publication/research grant proposal)
- $500 Professional Development funds
- Emergency funding from both universities
- Student loans

Mentors are expected to be able to cover their student’s funding for their entire time in the JDP except for the internship year.

https://clinpsyc.sdsu.edu/financial-support/
STUDENT SERVICE

Coptic Health
Skype a Scientist
IV LGBT Center
Health Disparities Initiative (HDI)
International Society for Traumatic Stress
Psychiatry Education & Training Council
The Trevor Project
Kearny High School
Moisha House
CFAR Health Equity Journal Club
Asian Neuropsychology Association
International Society to Advance Alzheimer's
Hanger Clinic
ElderHelp of San Diego
International League Against Epilepsy
Stanford Transfer Program
Shanti Bhawan Foundation
Association for Neuropsychology Students
APA Division 18 Serious Mental Illness
ABCT Neurocognitive Therapies
Institute of Recruitment for Teachers
Chronicon
Egyptian Ministry of Emigration
Arthritis Foundation
National Academy of Neuropsychology
Make-a-Wish
UCSD International Education Committee
Society of Clinical Neuropsychology
Promises2Kids
San Diego LEND

JEDI
Student Life
Student Life
JDP Admissions
https://clinpsyc.sdsu.edu/admissions-2/

- What We Consider for a Competitive Application
- Application Procedures
- Admission FAQs
- Financial Support
- Student Admissions, Outcome, and Other Data
- Contact Information
What We Consider for a Competitive Application

- Research Experience
- Preparatory Coursework
- Fit with a Faculty Member’s Interests
- GPA and GRE* Scores
  - *Waiving consideration of all GREs for the 2022-2023 application cycle
- Statement of Purpose
- Letters of Recommendation

https://clinpsyc.sdsu.edu/what-we-consider-for-a-competitive-application/
Application Process

Supplemental Program application due by December 1 by 9AM PST

- Suspension of GREs by program and universities
- Standardized reporting of research experiences and quantitative training
- Contributions to diversity included in personal essay and supplemental items
- Equity-based holistic review
- Virtual interviews

https://clinpsyc.sdsu.edu/admissions-2/application-procedures/
Thank you for attending today!

For questions, please email the program at: psycjdp@sdsu.edu