

CURRICULUM VITAE

Karen T. G. Schwartz

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Education

PhD, Clinical Psychology 2020
SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology, San Diego, CA
Major Area of Emphasis: Experimental Psychopathology
Dissertation: *Prevention of Depression in At-Risk Adolescents: Identification of Course and Predictors of Intervention Response* (Chair: V. Robin Weersing, PhD)

MS, Psychology 2016
San Diego State University (SDSU), San Diego, CA
Thesis: *The Child and Adolescent Services Assessment: Interrater Reliability and Predictors of Rater Disagreement* (Chair: V. Robin Weersing, PhD)

BS, Psychology (minors: Neuroscience, Music) 2011
University of Pittsburgh, Pittsburgh, PA
Thesis: *The Effects of Major Depressive Disorder on the Free Recall of Social Status and Non-Social Status Words in Adolescents* (Chair: Jennifer S. Silk, PhD)

Awards and Honors

Routh Research and Dissertation Award 2019
Selected as 1 of 4 graduate students with an exceptional dissertation in regard to approach, significance and innovation per the Society of Clinical Child & Adolescent Psychology.

Joint Doctoral Program Graduate Student Teaching Award 2019

SDSU Grace Hoover Sciences Scholarship 2019

Joint Doctoral Program First Author Publication Award 2018-2019

Joint Doctoral Program Incentive Award 2014-2019
In recognition of independent engagement in the dissemination of research findings at national conferences.

UC San Diego Graduate Student Association Travel Grant 2018

SDSU Inamori Fellowship 2017
Named 1 of 10 graduate students at SDSU exhibiting superior scholarship in graduate studies.

SDSU Center for Clinical and Cognitive Neuroscience Travel Award 2017

SDSU Dorathe L. Frick Memorial Award 2016
In recognition of significant contributions made to the doctoral training facility and program by a third year doctoral student.

ACBT Child & Adolescent Depression Special Interest Group Poster Award 2016

Research Appointments

Child & Adolescent Anxiety & Mood Program

2012-2019

SDSU, San Diego, CA

Graduate Research Assistant, Helping Families Cope with Stress Study (8/2014-present)

PI: Bruce Compas, PhD, Judy Garber, PhD, V. Robin Weersing, PhD

This two-site randomized controlled trial (RCT) aimed to prevent depression in both children (8-15.9 years old) and parents using a group-based cognitive-behavioral “dual prevention” approach. Conducted eligibility screens, administered and scored semi-structured clinical interviews to identify the presence of *DSM-5* diagnoses (SCID/LIFE, KSADS) and traumatic events (ACES) in adults and their at-risk youth, across time points; trained graduate and undergraduate research assistants (RA) on assessment administration and scoring; developed and implemented a study-specific protocol for the administration of the cognition battery of the NIH Toolbox.

Graduate Research Coordinator, Neural Markers of Treatment Response Study (1/2016-12/2017)

PI: Jillian Lee Wiggins, PhD, V. Robin Weersing, PhD

This study used fMRI to investigate the neurological mechanisms of treatment response in adolescents previously treated for anxiety and/or depression. Assisted in development of study protocol; led study recruitment, data collection, and analysis; trained and supervised graduate and undergraduate RAs.

Postbaccalaureate Research Coordinator, Brief Behavioral Therapy (BBT) for Anxiety and Depression in Pediatric Primary Care (6/2012-6/2014)

PI: V. Robin Weersing, PhD, David Brent, MD

This two-site RCT tested the efficacy of a transdiagnostic, brief, behavioral intervention delivered in primary care to anxious and/or depressed youth between the ages of 8-16. Conducted eligibility screens and coordinated scheduling; administered baseline questionnaires and had primary responsibility for daily administration and coordination of the trial.

Families, Emotion, Neuroscience & Development Laboratory

2009-2012

University of Pittsburgh Medical Center/Western Psychiatric Institute and Clinic, Pittsburgh, PA

Project Coordinator, Youth Emotional and Social Development Study (6/2011-6/2012)

PI: Jennifer S. Silk, PhD

This study examined neurological reactivity to emotional and social stimuli in depressed compared to healthy youth ages 9 to 17 years old. Spearheaded efforts to complete recruitment; completed eligibility screens, coordinated scheduling, and assisted with data collection.

Postbaccalaureate Research Assistant, Child Anxiety Treatment Study - Treatment Follow-Up (1/2011-6/2012)

PI: Greg J. Siegle, PhD, Jennifer S. Silk, PhD

This follow-up study to the Child Anxiety Treatment Study aimed to identify rates of depression conversion among anxious youth treated with CBT or client-centered therapy when originally recruited between the ages of 9 and 14. Collected neuropsychological data utilizing behavioral and

fMRI protocols; conducted ecological momentary assessments of coping with participating youth via cell phone.

Undergraduate Research Assistant (8/2009-12/2010)

PI: Jennifer S. Silk, PhD

Assisted in recruitment, eligibility screening via phone, and facilitation of behavioral neuropsychological tasks for multiple projects studying pediatric psychopathology; successfully completed and defended an honors thesis; entered and verified data using Excel, Access, WebData Express, and SPSS.

Mood and Anxiety Disorders Treatment & Research Program

2010

University of Pennsylvania Health System, Philadelphia, PA

Undergraduate Research Assistant

PI: Michael Thase, MD, Karl Rickels, MD

Tested the efficacy of various medications in samples of adults suffering from Bipolar Disorder, Major Depressive Disorder, or sleep disorders. Responsible for clinic management, study recruitment, and data entry using DatStat and Medidata; collected vital signs and electrocardiography; centrifuged and packaged blood samples for transport; experienced in drug accountability and audit preparation.

Clinical Experience

Psychology Intern

2019-2020

Psychiatry and Behavioral Health Institute, Allegheny Health Network, Pittsburgh, PA

Supervisors: Nancy Kennedy, PhD, Anthony P. Mannarino, PhD, Rebecca Weinberg, PsyD,

Lorelei Rowe, PhD, Sarah Paul, PsyD

Conducted individual, group, and family-focused evidence-based assessment and therapy with children and adults in outpatient, intensive outpatient, and partial hospitalization settings. Trained in trauma-focused cognitive behavioral therapy (TF-CBT) and group processing therapy, in addition to other evidence-based modalities (i.e., Unified Protocol [UP], Cognitive Processing Therapy [CPT]). Co-facilitated mommy-baby treatment groups for women with peripartem mood disorders that incorporated elements of Dialectical Behavior Therapy (DBT), Interpersonal Therapy (IPT), Behavioral Activation (BA), CBT, and mindfulness.

Student Co-Supervisor

2018-2019

SDSU Psychology Clinic, San Diego, CA

Supervisors: Nader Amir, PhD, Ariel Lang, PhD

Co-supervised second-year clinical doctoral students in their delivery of CBT to clients with anxiety and mood disorder, and CPT for Post-Traumatic Stress Disorder; provided peer-support and instruction on specific and non-specific therapeutic techniques.

Child Group Facilitator

2018-2019

Helping Families Cope with Stress – Family Depression Prevention Study

Child & Adolescent Anxiety & Mood Program, San Diego, CA

Supervisors: Bruce Compas, PhD, Judy Garber, PhD, Steven D. Hollon, PhD, V. Robin

Weersing, PhD

Delivered a family-focused, group-based, cognitive behavioral prevention program for youth between the ages of 9-15 years at familial risk for depression development.

Practicum Student

2017-2018

Outpatient Psychiatry Services, Rady Children's Hospital, San Diego, CA

Supervisors: Kristen McCabe, PhD, Katherine Williams, PhD, Lauren Brookman-Frazer, PhD

Conducted individual or family-focused evidence-based therapy to youth, ages 2-18, in a state-funded outpatient community clinic; became *certified in Parent-Child Interaction Therapy* (PCIT) by PCIT International; delivered a talk on parental depression and pediatric treatment efficacy.

Practicum Student

2016-2017

Child and Adolescent Psychiatry Services, Rady Children's Hospital, San Diego, CA

Supervisor: Sandra J. Brown, PhD, ABPP

Taught CBT and DBT skills to patients during individual and group sessions in a locked inpatient psychiatric unit for youth (7-17 years old) with severe mood and disturbances; facilitated the completion of pre-discharge safety plans; conducted neuropsychological assessments and produced integrated reports.

Practicum Student

2015-2016

SDSU Psychology Clinic, San Diego, CA

Supervisors: V. Robin Weersing, PhD, Nader Amir, PhD, Michael Taylor, PhD

Provided CBT, including the facilitation of off-site exposure activities, to diverse individuals (8-59 years old) representing the greater San Diego community; conducted neuropsychological assessments and provided integrated reports to clients; delivered a case conference presentation: *The Complexity of Comorbidity, Culture, and Development*.

Publications

Peer-Reviewed Articles

Kryza-Lacombe, M., Kiefer, C., **Schwartz, K. T. G.**, Strickland, K., & Wiggins, J. L. (*under review*).

Varying attentional demands to emotional faces: Disentangling neural mechanisms of irritability from anxiety. *Depression and Anxiety*.

Brent, D. A., Rozenman, M. S., Gonzalez, A., **Schwartz, K. T. G.**, Dickerson, J. F., Lynch, F. L., ... & Weersing, V. R. (*in press*). Brief behavioral therapy for pediatric anxiety and depression in primary care: Long-term outcomes. *Journal of the American Academy of Child and Adolescent Psychiatry*. doi: 10.1016/j.jaac.2019.06.009

Schwartz, K. T. G., Kryza-Lacombe, M., Liuzzi, M. T., Weersing, V. R., & Wiggins, J. L. (2019). Social and non-social reward: A preliminary examination of clinical improvement and neural reactivity in adolescents treated with behavioral therapy for anxiety and depression. *Frontiers of Behavioral Neuroscience*, 13, 1-18. doi: 10.3389/fnbeh.2019.00177

Gordon, J. R., Baik, S., **Schwartz, K. T. G.**, & Wells, K. J. (2019). Comparing the mental health of sexual minority and heterosexual cancer survivors: A systematic review. *LGBT Health*. epub ahead of print. doi:10.1089/lgbt.2018.0204

Schwartz, K. T. G., Bowling, A. A., Dickerson, J. F., Lynch, F. L., Brent, D. A., Porta, G., ... & Weersing, V. R. (2018). The Child and Adolescent Services Assessment: Interrater reliability and predictors of rater disagreement. *Administration and Policy in Mental Health and Mental Health Services Research*, 45, 944-957. doi: 10.1007/s10488-018-0876-8

Dougherty, L., **Schwartz, K. T. G.**, Kryza-Lacombe, M., Weisberg, J., Spechler, P., Blankenship, S., & Wiggins, J. L. (2018). Preschool and school-age irritability predict reward-related brain function. *Journal of the American Academy of Child & Adolescent Psychiatry*, 57, 407-417.

Wiggins, J. L., **Schwartz, K. T. G.**, Kryza-Lacombe, M., Spechler, P., Blankenship, S., & Dougherty, L. (2017). Neural reactivity to reward in school-age offspring of depressed mothers. *Journal of Affective Disorders*, 214, 81-88. doi: 10.1016/j.jad.2017.03.020

Weersing, V. R., Jeffreys, M., Do, M. T., **Schwartz, K. T. G.**, & Bolano, C. (2017). Evidence-base update of psychosocial treatments for child and adolescent depression. *Journal of Clinical Child and Adolescent Psychology*, 46, 11-43. doi: 10.1080/15374416.2016.1220310

Garber, J., Brunwasser, S., Zerr, A., **Schwartz, K. T. G.**, Sova, K., & Weersing, V. R. (2016). Treatment and prevention of depression and anxiety in youth: Test of cross-over effects. *Depression and Anxiety*, 33, 939-959. doi: 10.1002/da.22519

Book Chapters

Weersing, V. R., **Schwartz, K. T. G.**, & Bolano, C. (2015). Moderators and mediators of treatments for youth with depression. In M. Maric, P. J. M. Prins, & T. H. Ollendick (Eds.), *Moderators and Mediators of Youth Treatment Outcomes*. New York, NY: Oxford University Press.

Presentations

Symposia

Schwartz, K. T. G., Garber, J., & Weersing, V. R. (2019, November). *Prevention of Depression in At-Risk Adolescents: Identification of Course and Predictors of Intervention Response*. In **K. T. G. Schwartz** (Chair), *Long-term Effects of Youth Depression Prevention Programs: Patterns, Moderators and Effects on Parental Depression*. Symposium to be conducted at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.

Schwartz, K. T. G., Garber, J., Weersing, V. R., Clarke, G. N., Brent, D. A., Beardslee, W. R., ... & Hollon, S. D. (2018, November). *A latent profile analysis of the Children's Depression Rating Scale-Revised: Understanding the front-running symptoms of depression risk in teens*. In **K. T. G. Schwartz** (Chair), *Pediatric irritability: Current understandings and implications for care*. Symposium conducted at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.

Schwartz, K. T. G., Zerr, A. A., Rozenman, M. Gonzalez, A., Jeffrey, M., Dickerson, J. F., ... & Weersing, V. R. (2017, November). *Brief behavioral therapy for anxiety and depression in pediatric primary care: Secondary outcomes*. In V. R. Weersing (Chair), *Brief behavioral therapy for anxiety and depression in pediatric primary care: Predictors, moderators, and outcomes*. Symposium conducted at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego, CA.

Schwartz, K. T. G., Kryza-Lacombe, M., Spechler, P., Blankenship, S., Dougherty, L., & Wiggins, J. L. (2017, November). *Intergenerational transmission of risk: Evaluating links between brain and behavior in children at risk for depression*. In J. L. Wiggins (Chair), *Mechanisms of risk for intergenerational transmission of anxiety and depression: Multimodal methodologies*. Symposium conducted at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego, CA.

Schwartz, K. T. G., Kryza-Lacombe, M., Panggat, Y., Bills, S., Spechler, P., Blankenship, S., Dougherty, L., & Wiggins, J. L. (2017, March). Neural reactivity to reward in school-age offspring of depressed mothers. Symposium conducted at the 10th Annual SDSU Student Research Symposium (SRS), San Diego, CA.

Weersing, V. R., **Schwartz, K. T. G.,** & Bolano, C. (2016, October). *Moderators and mediators of treatments for youth with depression*. In M. Maric & T. H. Ollendick (Chairs), *Moderators and mediators of youth treatment outcomes: Where to, from here?* Symposium conducted at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.

Posters

Goger, P., **Schwartz, K. T. G.,** Weersing, V. R., Garber, J., & Compas, B. (2019, November). *The association between stressful life events and coping in parents with a history of depression*. Poster to be presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.

Kado, M., **Schwartz, K. T. G.,** & Weersing, V. R. (2019, April). *Negative life events as a prospective predictor of general functioning in adolescents*. Poster presented at the 99th Annual Convention of the Western Psychological Association (WPA), Pasadena, CA.

Glisson, R. M., Ramirez, C., Banuelos, D. A., Martin, P., **Schwartz, K. T. G.,** Weersing, V. R., & Garber, J. (2019, April). *Relations between adolescent irritability and parenting behaviors*. Poster presented at the 99th Annual Convention of the Western Psychological Association (WPA), Pasadena, CA. Winner of the 2019 Student Scholarship Award.

Glisson, R. M., Ramirez, C., Banuelos, D. A., Martin, P., **Schwartz, K. T. G.,** Weersing, V. R., & Garber, J. (2019, March). *Parenting style, adolescent irritability and the potential impact of environmental factors*. Poster presented at the 12th Annual SDSU Student Research Symposium (SRS), San Diego, CA.

Goger, P., Weersing, V. R., **Schwartz, K. T. G.,** Clarke, G. N., Brent, D. A., Beardslee, W. R., ... & Garber, J. (2018, November). *It's all in the family: Multigenerational transmission of youth depression risk in a prevention study*. Poster presented at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.

- Finn, D. M., **Schwartz, K. T. G.**, Weersing, V. R., Brent, D. A., Clarke, G. N., Beardslee, W. R., ... & Garber, J. (2018, October). *Self-perceived family and school functioning predict depressive episodes for at-risk adolescents*. Poster presented at the 65th Annual Meeting of the American Academy of Child and Adolescent Psychiatry (AACAP), Seattle, WA.
- Alsaigh, D., Gratalo, M., Kryza-Lacombe, M., **Schwartz, K. T. G.**, Amir, N., & Wiggins, J. L. (2018, March). *The relationship between executive functioning and anxiety in adolescents*. Poster presented at the 11th Annual SDSU Student Research Symposium (SRS), San Diego, CA.
- Wang, A. W., Zerr, A. A., **Schwartz, K. T. G.**, Weersing, V. R., Brent, D. A., Clarke, G. N., ... & Garber, J. (2017, November). *Parent depression and youth self-esteem: The moderating role of parenting in high-risk youth*. Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego, CA.
- Schwartz, K. T. G.**, Kryza-Lacombe, M., Panggat, Y., Bills, S., Spechler, P., Blankenship, S., Dougherty, L., & Wiggins, J. L. (2017, May). *Neural reactivity to monetary reward in the school-age offspring of depressed parents*. Poster presented at the 72nd Annual Scientific Program and Convention of the Society of Biological Psychiatry (SOBP), San Diego, CA.
- Wang, A., Zerr, A., **Schwartz, K. T. G.**, & Weersing, V. R. (2017, March). *Comorbidity of anxiety and depression in a clinical sample of internalizing youth*. Poster presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), San Diego, CA.
- Schwartz, K. T. G.**, Kryza-Lacombe, M., Weisberg, J., Spechler, P., Blankenship, S., Dougherty, L. & Wiggins, J. L. (2017, March). *The impact of clinical symptoms on neural reactivity to monetary reward in the school-age offspring*. Poster presented at the 10th Annual Conference of the Social & Affective Neuroscience Society (SANS), Los Angeles, CA.
- Sarkisian, M., **Schwartz, K. T. G.**, Weersing, V. R., & Garber, J. (2017, March). *Interpersonal irritability as a predictor of depression onset in at-risk adolescents*. Poster presented at the 10th Annual SDSU Student Research Symposium (SRS), San Diego, CA.
- Schwartz, K. T. G.**, Wiggins, J. L., & Weersing, V. R. (2016, October). *An exploratory factor analysis of irritability in a sample of anxious and/or depressed youth*. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY. Winner of the 2016 Child & Adolescent Depression Special Interest Group (SIG) Poster Award.
- Schwartz, K. T. G.**, Bowling, A. A., Do, M., & Weersing, V. R. (2015, November). *Interrater reliability of the Child and Adolescent Services Assessment*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.
- Zerr, A., **Schwartz, K. T. G.**, Jeffreys, M., & Weersing, V. R. (2015, November). *Latent class analysis of symptom clusters in a primary care sample of anxious and/or depressed youths*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.
- Bowling, A. A., Jeffreys, M., **Schwartz, K. T. G.**, & Weersing, V. R. (2015, November). *Predictors of cross-informant agreement in a sample of internalizing youth*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.

Schwartz, K. T. G., Brent, D. A., & Weersing, V. R. (2014, November). *The relationship between ASD symptoms and internalizing symptoms in a primary care sample of anxious and/or depressed youth.* Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.

Garelik, K. T., Dickerson, J. F., Lynch, F., Brent, D. A., & Weersing, V. R. (2013, November). *How self-report and administered measures predict CGI-S scores in a primary care sample of anxious and/or depressed youths.* Poster presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.

Conover, K. L., Jeffreys, M., **Garelik, K. T.,** Brent, D. A., & Weersing, V. R. (2013, November). *Barriers to treatment engagement for youth anxiety and depression.* Poster presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.

Garelik, K. T., Jeffreys, M., Brent, D. A., & Weersing, V. R. (2013, April). *Cross-informant agreement on internalizing symptoms in a sample of treatment-seeking youths and their caregivers.* Poster presented at the 33rd Annual Conference of the Anxiety and Depression Association of America (ADAA), La Jolla, CA.

Conover, K. L., Jeffreys, M., **Garelik, K. T.,** Brent, D. A., & Weersing, V. R. (2013, April). *Barriers to treatment for youth anxiety and depression.* Poster presented at the 33rd Annual Conference of the Anxiety and Depression Association of America (ADAA), La Jolla, CA.

Garelik, K. T., Davis, S., & Silk, J. S. (2012, March). *Emotional word ratings in youth at high-risk for depression.* Poster presented at the Society for Research on Adolescence (SRCD) Biennial Meeting, Vancouver, BC, Canada.

Nichols, S. R., Silk, J. S., Tan, P., & **Garelik, K. T.** (2011, April). *Interactions between mood and presence of siblings in anxious and non-anxious children.* Poster presented at the Society for Research on Child Development (SRCD) Biennial Meeting, Montreal, Ontario, Canada.

Teaching and Advising

Instructor, PSY 495: Field Placement in Psychology, SDSU, San Diego, CA	2018-2019
Research Co-Mentor, Child & Adolescent Anxiety & Mood Program, SDSU, San Diego, CA	2016-2017

Professional Training

Unified Protocol for Transdiagnostic Treatment of Emotional Disorders, Allegheny Health Network, Pittsburgh, PA	2019
Bayesian Mediation Analysis, SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology, San Diego, CA	2018
Introduction to R, SDSU, San Diego, CA	2018
Transgender & Gender Non-Conforming Youth, Rady Children's Hospital, San Diego, CA	2018
AFNI Bootcamp, SDSU, San Diego, CA	2016
NIH Toolbox, HealthMeasures User Workshop, Rosemont, IL	2016
fMRI Operator Training, UC San Diego, San Diego, CA	2016

Professional Affiliations and Service

Academic Committees

<i>Student Member</i> , SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology Admissions Committee	2015-2019
<i>Student Member</i> , SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology Areas of Emphasis Workgroup	2017
<i>Invited Speaker</i> , SDSU Psi Chi/Psychology Club	2017
<i>Invited Speaker</i> , SDSU Psychology Department Orientation	2016
<i>Student Member</i> , SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology Awards Committee	2015-2016
<i>Vice President</i> , University of Pittsburgh Psi Chi	2010-2011

Ad Hoc Journal Reviewer

Administration and Policy in Mental Health and Mental Health Services Research
Agency for Healthcare and Research Quality Effective Healthcare Program
Journal of Clinical Child and Adolescent Psychology (co-reviewer with faculty mentor)
Journal of Consulting and Clinical Psychology (co-reviewer with faculty mentor)
Behaviour Research and Therapy (co-reviewer with faculty mentor)

Memberships in Professional and Scientific Societies

Association for Behavioral and Cognitive Therapies (ABCT)
Society of Clinical Child & Adolescent Psychology (American Psychological Association, Division 53)
Society for a Science of Clinical Psychology
Psi Chi