

CURRICULUM VITAE

Karen T. G. Schwartz

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Education

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| Ph.D. | Clinical Psychology, Experimental Psychopathology Focus
SDSU / UC San Diego Joint Doctoral Program in Clinical Psychology
Research mentor: V. Robin Weersing, Ph.D.
San Diego, CA | 8/2014-5/2020 |
| M.S. | Psychology
San Diego State University
San Diego, CA | 8/2016 |
| B.S. | University of Pittsburgh, <i>magna cum laude</i>
Honors thesis advisor: Jennifer S. Silk, Ph.D.
Pittsburgh, PA | 8/2007-4/2011 |

Honors and Awards

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| The Inamori Foundation's Kyoto Prize: SDSU Inamori Fellowship
<i>In recognition of superior scholarship and contribution through graduate fellowship.</i> | 2017-2018 |
| SDSU Dorathe L. Frick Memorial Award
<i>In recognition of significant contributions made to the Doctoral Training Facility and the Doctoral Program by a third year doctoral student.</i> | 2016-2017 |
| SDSU Center for Clinical and Cognitive Neuroscience (CCN) Travel Award | 2017 |
| Child & Adolescent Depression Special Interest Group (SIG) Poster Award
Association for Behavioral and Cognitive Therapies | 2016 |

Publications

Journal articles

- Schwartz, K. T. G.**, Bowling, A. A., Dickerson, J. F., Lynch, F. L., Brent, D. A., Porta, G., ... & Weersing, V. R. (*in press*). The Child and Adolescent Services Assessment: Interrater reliability and predictors of rater disagreement. *Administration and Policy in Mental Health and Mental Health Services Research*.

2. Dougherty, L., **Schwartz, K. T. G.**, Kryza-Lacombe, M., Weisberg, J., Spechler, P., Blankenship, S., & Wiggins, J. L. (*in press*). Preschool and School-Age Irritability Predict Reward-Related Brain Function. *Journal of the American Academy of Child and Adolescent Psychiatry*.
3. Wiggins, J. L., **Schwartz, K. T. G.**, Kryza-Lacombe, M., Spechler, P., Blankenship, S., & Dougherty, L. (2017). Neural reactivity to reward in school-age offspring of depressed mothers. *Journal of Affective Disorders*, 214, 81-88. doi: 10.1016/j.jad.2017.03.020
4. Weersing, V. R., Jeffreys, M., Do, M. T., **Schwartz, K. T. G.**, & Bolano, C. (2017). Evidence-base update of psychosocial treatments for child and adolescent depression. *Journal of Clinical Child and Adolescent Psychology*, 46, 11-43. doi: 10.1080/15374416.2016.1220310
5. Garber, J., Brunwasser, S., Zerr, A., **Schwartz, K. T. G.**, Sova, K., & Weersing, V. R. (2016). Treatment and prevention of depression and anxiety in youth: Test of cross-over effects. *Depression and Anxiety*, 33, 939-959. doi: 10.1002/da.22519

Book chapters

1. Weersing, V. R., **Schwartz, K. T. G.**, & Bolano, C. (2015). Moderators and mediators of treatments for youth with depression. In M. Maric, P. J. M. Prins, & T. H. Ollendick (Eds.), *Moderators and Mediators of Youth Treatment Outcomes*. New York, NY: Oxford University Press.

Presentations

Symposia

1. **Schwartz, K. T. G.**, Zerr, A. A., Rozenman, M. Gonzalez, A., Jeffreys, M., Dickerson, J. F., ... & Weersing, V. R. (2017, November). *Brief behavioral therapy for anxiety and depression in pediatric primary care: Secondary outcomes*. In V. R. Weersing (chair), *Brief behavioral therapy for anxiety and depression in pediatric primary care: Predictors, moderators, and outcomes*. Symposium conducted at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego, CA.
2. **Schwartz, K. T. G.**, Kryza-Lacombe, M., Spechler, P., Blankenship, S., Dougherty, L., & Wiggins, J. L. (2017, November). *Intergenerational transmission of risk: Evaluating links between brain and behavior in children at risk for depression*. In J. L. Wiggins (chair), *Mechanisms of risk for intergenerational transmission of anxiety and depression: Multimodal methodologies*. Symposium conducted at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego, CA.
3. **Schwartz, K. T. G.**, Kryza-Lacombe, M., Panggat, Y., Bills, S., Spechler, P., Blankenship, S., Dougherty, L., & Wiggins, J. L. (2017, March). Neural reactivity to reward in school-age

offspring of depressed mothers. Symposium conducted at the 10th Annual SDSU Student Research Symposium (SRS), San Diego, CA.

4. Weersing, V. R., **Schwartz, K. T. G.**, & Bolano, C. (2016, October). *Moderators and mediators of treatments for youth with depression*. In M. Maric (chair) & T. H. Ollendick (chair), *Moderators and mediators of youth treatment outcomes: Where to, from here?* Symposium conducted at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.

Posters

1. Alsaigh, D., Gratalo, M., Kryza-Lacombe, M., **Schwartz, K. T. G.**, Amir, N., & Wiggins, J. L. (2018, March). *The relationship between executive functioning and anxiety in adolescents*. Poster presented at the 11th Annual SDSU Student Research Symposium (SRS), San Diego, CA.
2. Wang, A. W., Zerr, A. A., **Schwartz, K. T. G.**, Weersing, V. R., Brent, D. A., Clarke, G. N., ... & Garber, J. (2017, November). *Parent depression and youth self-esteem: The moderating role of parenting in high-risk youth*. Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego, CA.
3. **Schwartz, K. T. G.**, Kryza-Lacombe, M., Panggat, Y., Bills, S., Spechler, P., Blankenship, S., Dougherty, L., & Wiggins, J. L. (2017, May). *Neural reactivity to monetary reward in the school-age offspring of depressed parents*. Poster presented at the 72nd Annual Scientific Program and Convention of the Society of Biological Psychiatry (SOBP), San Diego, CA.
4. Wang, A., Zerr, A., **Schwartz, K. T. G.**, & Weersing, V. R. (2017, March). *Comorbidity of anxiety and depression in a clinical sample of internalizing youth*. Poster presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), San Diego, CA.
5. **Schwartz, K. T. G.**, Kryza-Lacombe, M., Weisberg, J., Spechler, P., Blankenship, S., Dougherty, L. & Wiggins, J. L. (2017, March). *The impact of clinical symptoms on neural reactivity to monetary reward in the school-age offspring*. Poster presented at the 10th Annual Conference of the Social & Affective Neuroscience Society (SANS), Los Angeles, CA.
6. Sarkisian, M., **Schwartz, K. T. G.**, Weersing, V. R., & Garber, J. (2017, March). *Interpersonal irritability as a predictor of depression onset in at-risk adolescents*. Poster presented at the 10th Annual SDSU Student Research Symposium (SRS), San Diego, CA.
7. **Schwartz, K. T. G.**, Wiggins, J. L., & Weersing, V. R. (2016, October). *An exploratory factor analysis of irritability in a sample of anxious and/or depressed youth*. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY. Winner of the 2016 Child & Adolescent Depression Special Interest Group (SIG) Poster Award.

8. **Schwartz, K. T. G.**, Bowling, A. A., Do, M., & Weersing, V. R. (2015, November). *Interrater reliability of the Child and Adolescent Services Assessment*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.
9. Zerr, A., **Schwartz, K. T. G.**, Jeffreys, M., & Weersing, V. R. (2015, November). *Latent class analysis of symptom clusters in a primary care sample of anxious and/or depressed youths*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.
10. Bowling, A. A., Jeffreys, M., **Schwartz, K. T. G.**, & Weersing, V. R. (2015, November). *Predictors of cross-informant agreement in a sample of internalizing youth*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.
11. **Schwartz, K. T. G.**, Brent, D. A., & Weersing, V. R. (2014, November). *The relationship between ASD symptoms and internalizing symptoms in a primary care sample of anxious and/or depressed youth*. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
12. **Garelik, K. T.**, Dickerson, J. F., Lynch, F., Brent, D. A., & Weersing, V. R. (2013, November). *How self-report and administered measures predict CGI-S scores in a primary care sample of anxious and/or depressed youths*. Poster presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.
13. Conover, K. L., Jeffreys, M., **Garelik, K. T.**, Brent, D. A., & Weersing, V. R. (2013, November). *Barriers to treatment engagement for youth anxiety and depression*. Poster presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.
14. **Garelik, K. T.**, Jeffreys, M., Brent, D. A., & Weersing, V. R. (2013, April). *Cross-informant agreement on internalizing symptoms in a sample of treatment-seeking youths and their caregivers*. Poster presented at the 33rd Annual Conference of the Anxiety and Depression Association of America (ADAA), La Jolla, CA.
15. Conover, K. L., Jeffreys, M., **Garelik, K. T.**, Brent, D. A., & Weersing, V. R. (2013, April). *Barriers to treatment for youth anxiety and depression*. Poster presented at the 33rd Annual Conference of the Anxiety and Depression Association of America (ADAA), La Jolla, CA.
16. **Garelik, K. T.**, Davis, S., & Silk, J. S. (2012, March). *Emotional word ratings in youth at high-risk for depression*. Poster presented at the Society for Research on Adolescence (SRCD) Biennial Meeting, Vancouver, BC, Canada.
17. Nichols, S. R., Silk, J. S., Tan, P., & **Garelik, K. T.** (2011, April). *Interactions between mood and presence of siblings in anxious and non-anxious children*. Poster

presented at the Society for Research on Child Development (SRCD) Biennial Meeting, Montreal, Ontario, Canada.

Research Appointments

Child & Adolescent Anxiety & Mood Program 8/2014-pres.
 Helping Families Cope with Stress – Family Depression Prevention Study
 San Diego State University Research Foundation
 San Diego, CA

Independent Evaluator

P.I.: Bruce Compas, Ph.D., Judy Garber, Ph.D., V. Robin Weersing, Ph.D. (NIMH RO1 MH100260; IRB#: 1608089)

Administered semi-structured clinical interviews (HAM-D, SCID, K-SADS-PL, ACES) to assess the presence of *DSM-5* diagnoses in parents with a history of or current Major Depressive Disorder and their at-risk youth. Aided in developing a protocol for the administration of the cognition battery of the NIH Toolbox, trained staff in its administration, and used it to evaluate study participants.

Translational Emotion Neuroscience & Development Laboratory 1/2016-12/2017
 San Diego State University
 San Diego, CA

Research Coordinator, Neural Markers of Treatment Response in Anxious and Depressed Youths

P.I.: Jillian Lee Wiggins, Ph.D., V. Robin Weersing, Ph.D. (IRB#: 160622)

Managed the study development, coordination, data collection, and analysis of a brief neuroimaging study that enrolled youths who completed the Brief CBT for Anxiety and Depression in Pediatric Primary Care study (brief behavioral treatment arm; see above). The current study aimed to investigate the neurological mechanisms of treatment response utilizing fMRI technology, focusing on mechanisms of attention bias and reward processing, in adolescents previously treated for anxiety and/or depression.

Child & Adolescent Anxiety & Mood Program 6/2012-6/2014
 Brief CBT for Anxiety and Depression in Pediatric Primary Care Study
 San Diego State University Research Foundation
 San Diego, CA

Research Coordinator

P.I.: V. Robin Weersing, Ph.D., David Brent, M.D. (NIMH 5R01 MH084935-04)

Managed the San Diego coordinating site investigating the efficacy of a transdiagnostic, brief, behavioral intervention delivered in primary care to anxious and/or depressed youth between the ages of 8-16.9 recruited from the greater San Diego and Pittsburgh areas.

Families, Emotion, Neuroscience & Development Laboratory 8/2009-6/2012
 University of Pittsburgh Medical Center / Western Psychiatric Institute and Clinic

Pittsburgh, PA

Research Assistant

Undergraduate research assistant responsible for assisting in recruitment, screening and running participants through behavioral tasks for multiple projects studying child psychopathology. Entered and verified data using Excel, Access, WebData Express and SPSS. Received abnormal psychopathology and suicide prevention training.

Research Specialist, Child Anxiety Treatment Study – Treatment Follow Up

P.I.: Greg Siegle, Ph.D., Jennifer S. Silk, Ph.D. (IRB#: 07110273)

Ran adolescents suffering from anxiety spectrum disorders through a battery of neuropsychological assessments, including behavioral and fMRI protocols, as well as Ecological Momentary Assessment, to understand how previous psychosocial treatment impacted the development of Major Depressive Disorder.

Project Coordinator, Youth Emotional and Social Development Study

P.I.: Jennifer S. Silk, Ph.D. (IRB#: 07090062)

Managed all aspects of a study investigating the impact of Major Depressive Disorder on the socioemotional health of adolescents between the ages of 9-17 recruited from the greater Pittsburgh area.

Mood and Anxiety Disorders Treatment & Research Program

5/2010-8/2010

University of Pennsylvania Health System

Philadelphia, PA

Research Assistant

P.I.: Michael Thase, M.D., Karl Rickels, M.D.

Tested the efficacy of various antidepressants in a sample of adults suffering from Bipolar Disorder in the greater Philadelphia area. Responsible for clinic management, including taking patients' vitals, collecting ECGs, centrifuging and packaging blood samples, and recruitment (i.e., completed phone screens for various studies investigating Bipolar Disorder, Major Depressive Disorder, Sleep Disorders, among others). Entered data using DatStat and Medidata and assisted in creating materials for scientific presentations. Experienced in drug accountability, audit preparation, and training other students.

Clinical Appointments

Group Facilitator	Child & Adolescent Anxiety & Mood Program Helping Families Cope with Stress – Family Depression Prevention Study San Diego, CA Orientation: CBT Direct hours: <i>in progress</i> Supervisors: Bruce Compas, Ph.D., Judy Garber, Ph.D., Steven Hollon, Ph.D., V. Robin Weersing, Ph.D.	3/2018- <i>pres.</i>
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Student Therapist	Rady Children's Hospital Outpatient Psychiatry San Diego, CA Orientation: PCIT, CBT Direct hours: <i>in progress</i> Supervisors: Kristen McCabe, Ph.D., Katherine Williams, Ph.D.	7/2017- <i>pres.</i>
Student Therapist	Rady Children's Hospital Child and Adolescent Psychiatry Services San Diego, CA Orientation: inpatient; DBT, CBT Direct hours: 161 hours Integrated reports: 9 reports Supervisor: Sandra J. Brown, Ph.D., ABPP	7/2016-6/2017
Student Therapist	San Diego State University Psychology Clinic San Diego, CA Orientation: CBT Direct hours: 188 hours Integrated reports: 4 reports Supervisors: V. Robin Weersing, Ph.D., Nader Amir, Ph.D.	7/2015-6/2016

Professional Activities

Training

PCIT Certification	University of San Diego San Diego, CA Host: Kristen McCabe, Ph.D., PCIT International	<i>In progress</i>
AFNI Bootcamp	San Diego State University San Diego, CA Host: Richard Reynolds, Daniel Glen, Gang Chen	9/2016
NIH Toolbox	HealthMeasures User Workshop Rosemont, IL Host: Richard Gershon, Ph.D., et al.	6/2016
fMRI Operator	University of California, San Diego San Diego, CA Host: David Shin	4/2016
Safe Zones Ally	San Diego State University Psychology Clinic San Diego, CA Host: Allison Vaughn, Ph.D.	8/2015

Mandated Reporter	Child & Adolescent Anxiety & Mood Program San Diego, CA Host: Chrissie Martinez, L.C.S.W.	8/2012, 2013, 2014, 2015 2016, 2017
Behavioral Coder	Interactional Dimensions Coding System – Revised Pittsburgh, PA Host: Dana McMakin, Ph.D.	10/2011

Academic Advising

Undergraduate honors thesis

Graduate Assistant	Meli Sarkissian (SDSU, Psychology)	8/2016-6/2017
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Professional Service

Student Member	Admissions Committee SDSU / UC San Diego Joint Doctoral Program in Clinical Psychology	1/2018
Expert Reviewer	Agency for Healthcare and Research Quality: Evidence-based Practice Center Program	3/2017
Ad Hoc Journal Reviewer	<i>Journal of Clinical Child and Adolescent Psychology</i> <i>Journal of Consulting and Clinical Psychology</i> <i>Behaviour Research and Therapy</i>	5/2016 5/2016 5/2016
Vice President	Psi Chi University of Pittsburgh	8/2010-4/2011

Memberships in Professional and Scientific Societies

Association for Behavioral and Cognitive Therapies (ABCT)
 Child & Adolescent Anxiety Special Interest Group
 Child & Adolescent Depression Special Interest Group
 Dissemination & Implementation Science Special Interest Group
 Society of Clinical Child & Adolescent Psychology
 Society for a Science of Clinical Psychology
 Psi Chi